A warm, Giggling welcome! There's a lot to choose from on this menu because that's how we eat in Thailand plenty of dishes to share and enjoy with our favourite people. For a table of 4, we recommend 3 or 4 starters or some sharing platters for that authentic sharing experience.

NIBBLES & SHA	RING PLATTERS		
Let's get you nibbling PRAWN CRACKERS   222 <sup>kcal</sup> 3.99			
STREET FOOD SHARER   409kcal per serving Hawker Style Pork Skewers, Salt & Pepper Squid, Spring Rolls, Giggling Wings . Serves 2 - 19.25 Serves 3 - 27.90	BANGKOK BITES   504kcal per serving Yummy Duck Spring Rolls, Golden Money Bags, Crispy Slow Cooked Beef, Spicy Thai Herb Sausage L. Serves 2 - 24.99 Serves 3 - 36.50		
SATAY FOUR WAYS   260kcal per serving A selection of marinated skewers - Moo Dang Pork, Chicken, Grilled Squid and Butterfly Prawn. Served with Satay and Zesty Thai Herb dipping sauces. Serves 2 - 18.25 Serves 3 - 26.25	FISHERMAN'S FEAST   479 <sup>kcal</sup> per serving Soft Shell Crab, Crispy Squid Bits <b>(</b> , Salt & Pepper Squid, Classic Papaya Salad <b>(</b> ). Served with Zesty Thai Herb and Sriracha dipping sauces. Serves 2 - 24.95 Serves 3 - 36.50		
STAR	TERS		
GOLDEN MONEY BAGS   345 <sup>kcal</sup> 7.60 Crispy pastry parcels of Thai-spiced chicken, herbs and vegetables. Dunk in homemade sweet chilli sauce.	CRISPY SQUID BITS ( 400 <sup>kcal</sup> 8.50 Lightly battered and crispy fried mini squid tentacles sizzling with spice and garnished with chilli, lime leaf, spring onions, fried shallots and garlic. Dip in zesty lime, garlic and Thai herb sauce.		
SAMUI ZINGY PRAWNS <b>to</b>   146 <sup>kcal</sup> 8.40 Zingy, citrusy and fresh is how we describe the sauce drizzled on the grilled, butterfly prawns.	HAWKER STYLE PORK SKEWERS   410kcal 7.35 Juicy, chargrilled pork skewers flavoured with freshly ground and roasted cumin and coriander. Enjoy with spicy tamarind sauce.		
♦ PORK DUMPLINGS   274kcal 7.25 Steamed dumplings filled with tender pork and served with a gingery light soy and rice vinegar dip.	ONE BITE SALMON ( 508kcal 8.25 Crispy-edged salmon with lemongrass, lime, ginger, chilli, toasted		
CHICKEN SATAY   417 <sup>kcal</sup> 7.99 Chicken skewers steeped in coconut milk, lemongrass and fresh turmeric then grilled until golden. Served with A-jard pickled	coconut flakes and fried shallots, drizzled with salty-sweet dressing and nestled on a betel leaf. Wrap each one and devour in one mouthful.		
vegetables and peanut sauce. SPRING ROLLS VG   285kcal 6.99	YUMMY DUCK SPRING ROLLS   343 <sup>kcal</sup> 8.99 Shredded duck mixed with carrot, celery, leeks and spring onion wrapped in Thai pastry.		
Crispy spring rolls filled with shredded vegetables and served with homemade sweet chilli sauce.	CARAMELISED PORK BELLY   742kcal 8.99		
♦ SALT & PEPPER SQUID   390kcal 8.80 A bestseller! A hint of sweetness from the fresh squid and a touch of salt and pepper in the light, crispy coating.	Bite sized portions of slow cooked sticky pork belly, wok fried with honey, chilli and tamarind. Garnished with pickled ginger, fried garlic and chilli powder and served with a side salad of peppers, jicama and spring onion.		
<b>SALT &amp; PEPPER CHILLI MUSHROOMS VG &amp;</b> 341 <sup>kcal</sup> 6.80 Big oyster mushrooms, big spicy flavours with a crispy coating and a sweet chilli dipping sauce. Sprinkled with chilli, garlic, lime leaf, fried garlic and shallots.	CLASSIC PAPAYA SALAD (1) 231kcal       8.75         Fresh young papaya, carrots, green beans, cherry tomatoes,         Thai red chillies, dried shrimp and roasted peanuts.		
<b>GIGGLING WINGS </b>   523 <sup>kcal</sup> 7.70 Sweet sticky chicken wings, crispy fried with a gentle spicy kick. Lick your fingers after. No judgement.	NORTH EASTERN PAPAYA SALAD (148kcal8.95As feisty and brimming with fresh veggies as the Classic but with a salty, umami flavour from the addition of fish sauce.		

#### ♦ GIGGLING SQUID FAVOURITE | V - VEGETARIAN | VG - VEGAN | & - MEDIUM | & - HOT



Please let the manager know of any food allergies or intolerances before you order. We cannot guarantee our dishes are 100% free from allergens. We purchase our fish fillets boneless but can't guarantee 100% removal of small bones. Scan the QR code to access our allergen guide or ask for a printed copy. Ingredients and recipes can change, so please review this information before ordering even if you have eaten with us before.



Adults need around 2000 kcal a day



## **CLASSIC CURRIES**

#### Thai curries are famously lush, silky and layered with rich depths of flavour, courtesy of Thailand's abundance of natural ingredients - and the skill of our chefs, of course!

#### THAI RED CURRY 🔪

Aromatic blend of iconic Thai spices - red chillies, lerr leaf and galangal - simmered in rich coconut sauce. D	0 ,
colour, it's slightly less spicy than the Thai Green Curr	. ,
Chicken   601 <sup>kcal</sup> or Vegetable VG   672 <sup>kcal</sup>	13.99
Slow Cooked Beef   $648^{kcal}$ or Prawn   $592^{kcal}$	add 2.00
THAI GREEN CURRY 🔪	
The slightly more fiery cousin of the red Thai curry with lively green chillies, garlic and lemongrass in a silky coconut sauce.	

Chicken   591kcal or Vegetable VG	661 <sup>kcal</sup>	13.99
Slow Cooked Beef   637kcal or Prawr	n   581 <sup>kcal</sup>	add 2.00

#### 

V MASSAMAN	
A curry with mythical originsand legendary flavour	ur! Simmered
in coconut milk and perfumed with cardamom, cinna	mon and star
anise with crunchy cashew nuts.	
Chicken   770kcal or Vegetable VG   831kcal	13.99
Slow Cooked Beef   818kcal or Prawn   761kcal	add 2.00
PANEANG 🔪	
Paneang is a type of red curry, thickened with cocc	onut milk and
fragranced with roasted cumin and coriander seeds.	
Chicken   608 <sup>kcal</sup> or Vegetable VG   649 <sup>kcal</sup>	13.99
Slow Cooked Beef   650kcal or Prawn   568kcal	add 2.00



Curries but not as you know them! These indulgent dishes are a celebration of our favourite Thai ingredients.

PRAWN & SOFT SHELL CRAB 🔌   618kcal	20.50	
A showstopper of butterfly prawns and battered soft shell cra	ab with	
lush seafood curry sauce flavoured with yellow curry, garlic and coconut milk.	;, chilli	
RISING STAR RED DUCK CURRY   706kcal	18.50	
Rich red curry with roast duck, juicy star fruit, fresh pineapple pea aubergines. Husband Andy's longtime favourite!	e and	
ROYAL FISHING BOAT CURRY   989kcal	17.95	
Fresh mussels, prawns, squid and a salmon fillet. Push the bo with this red curry showstopper.	oat out	
LAMB SHANK MASSAMAN   1088 <sup>kcal</sup>	20.95	
Approach this legendary dish with a big appetite! Lamb shan	k slow	
cooked to melting perfection in a rich massaman sauce, with po	tatoes,	
carrots and crunchy cashew nuts.		

#### SLOW COOKED JUNGLE CURRY & 313kcal 16.95 Tender beef tips and bounty of veggies such as aubergine and pea aubergines, green peppercorns, coconut tips, sweetheart cabbage and fine beans in a rich broth simmered with fresh turmeric, curry paste and Thai herbs.

SPICY DOUBLE CURRY SEA BASS & 921kcal 17.50 Succulent sea bass fillets with aubergine and pea aubergines, fine beans, sweetheart cabbage, coconut tips and cha plu leaf in a flavoursome sauce of green and yellow curry pastes, lime leaf, galangal, red chillies and coconut milk.

SALMON PANEANG & 1022kcal 18.75 Salmon fillet in paneang curry sauce (sweeter, creamier and slightly less fiery than a red Thai curry) with stir fried Tenderstem broccoli and pak choi. Salmon isn't typically Thai but the flavours won us over.

## **NOODLES & STIR FRIES**

Our noodles and stir fries are full of fire and aromatic flavour. Dive in for that Thai street food experience.

#### GIGGLING PAD THAI

Duck 480kcal

Vegetable VG | 396kcal

Flavoursome rice noodles with tofu, beansprouts,	sliced red
onions, Thai chives and crunchy peanuts.	
Chicken   1117kcal	13.25
Prawn   1127 <sup>kcal</sup>	14.25
Chicken & Prawns   1163kcal	16.75
Vegetable V   1084 <sup>kcal</sup>	12.75
Vegan VG   1011 <sup>kcal</sup>	12.75
WHOLESOME CASHEW STIR FRY 🔪	
Brimming with delicious flavour - roasted cashew nuts,	mushrooms,
peppers, onions and chilli.	
Chicken   424 <sup>kcal</sup>	14.25
Prawn   422 <sup>kcal</sup>	15.25
Slow Cooked Beef   905kcal	15.25

## PAD KEE MAO 🔌

Richly flavoured, spicy flat noodles with fine green beans, coconut	
tips, chilli, garlic and green peppercorns. Pad Kee Mao means	
'Drunken Noodles' because of their supposed cure for a hangover.	
We couldn't possibly comment!	
Chicken   945kcal 13.25	
Prawn   954kcal 14.25	
Chicken & Prawns   991kcal 16.75	
Vegetable VG   905 <sup>kcal</sup> 12.75	

#### 🔷 CHILLI & BASIL STIR FRY 🔌

Iconic hawker stall "Gra Pao" stir fry with f	fiery chillies, garlic,
bamboo shoots, green beans and peppers, our	house stir fry sauce
and peppery Thai holy basil.	
Chicken   280 <sup>kcal</sup>	13.99
Prawn   274 <sup>kcal</sup>	14.99
Slow Cooked Beef   693kcal	14.99
Vegetable VG   243 <sup>kcal</sup>	12.99

15.25

13.50



# SIGNATURE DISHES

18 99

16.95

17.80

Explore our classics with a Giggling twist from Pranee's family recipes to our own chef creations. Don't forget to add rice and sides.

### THAI MELTING BEEF & 541kcal

Tender beef in a rich, velvety red curry sauce, flavoured with cha plu leaves. Served with fresh green beans and sweetheart cabbage.

#### SOFT SHELL PRANEE PRAWNS & 1015kcal

Sweet, soft shell prawns coated in Thai herbs and garlic with a little chilli kick. Served with jicama and mint salad dressed with sweet, vinegary A-jard sauce.

#### MARINATED STEAK & CRISPY 23.50 SLOW COOKED BEEF & 754kcal

A meat feast of thinly sliced sirloin, served pink with grilled edges, dressed in a rich sauce infused with classic Thai flavours of red curry, fried shallots, garlic, lime leaf and sweet basil. Served with tender cubes of slow cooked, crispy-edged beef and a stir fry of mixed peppers, onion and fine beans.

#### GIANT BUTTERFLY KING PRAWN PAD THAI | 1025kcal 17.50 Classic Thai noodles, hot-wok'd with iconic Pad Thai sauce, egg, beansprouts, tofu, Thai chives, red onion and huge prawns... for when you need a treat. Served with crushed peanuts, lime and coriander

#### THAI GARLIC HAKE & 677kcal

.

5

F

Fillets of mild, white fish marinated in vellow curry, garlic and chilli. Steeped in an aromatic sauce bursting with fresh lime, garlic, coriander and feisty red chillies. Served on a stir fry of cabbage, green beans, sweet basil and sliced lime leaves.

	RICE	
JASMINE RICE VG   380kcal	3.65	COCONU
STICKY RICE VG   510kcal	3.90	TOM YUN
EGG FRIED RICE V   412 <sup>kcal</sup>	4.50	Jasmine ri

# SIDES TO SHARE

#### Meals in Thailand are all about the balance of flavours and textures - add an extra element of enjoyment with our delicious Thai greens and moreish sides.

tangy tamarind sauce. Sprinkled with sesame seeds, crispy tofu pieces and fresh greens including cucumber, lime leaves, mint and coriander.	
MORNING GLORY VG   217kcal7.85Morning Glory is a leafy, long-stemmed green, stir fried with garlic, red chilli and soya bean paste for that umami flavour.	
PAK CHOI & TENDERSTEMS VG   228 <sup>kcal</sup> 5.85 Fresh greens stir-fried with sliced red chilli, crushed garlic and our house stir fry sauce.	



sauce

TENDER PORK HOCK WITH ROTI ( 1129kcal 15 50 On-the-bone succulent pork with sweet, tangy red curry sauce. Served with pak choi, mixed peppers and fresh roti to mop up the

### DUCK CONFIT | 1011kcal

Lovely and crispy on the outside and served with sweet, tangy tamarind sauce. I made this for Andy after we picked fresh tamarind along the Mekong River. Very romantic!

STICKY CHICKEN | 567kcal 14.99 A hearty bowl of crispy fried chicken. Bite-sized, sweet n' sticky deliciousness. Our daughter's favourite!

#### DRUNKEN RIBS 🔪 1253kcal

A hearty portion of tender pork ribs coated in a silky, red curry sauce with flavours of fried shallot and garlic, lime leaves and sweet basil. Served with Morning Glory greens and garnished with puffed rice.

### HONEY-CRISP SEAFOOD & 836kcal

Lightly battered squid, prawns and sea bass tossed with mussels, krachai (similar to ginger) and green peppercorns and coated with caramelised honey and lime sauce.

#### CHUBBY CHEEK PORK 562kcal

Tender, flavoursome pork cheeks, sautéed with coriander, garlic and cracked pepper. Served with veg relish.

JT RICE VG 401 kcal

M FRIED RICE VG | 395kcal 4.90 rice wok-fried with lime, galangal, chilli and soya sauce.

ROTI VG 528kcal 3.60 Light, golden brown roti - the perfect side for mopping up Thai curries. GARLIC PEPPER STEAMED NOODLES VG | 397kcal 5.25 Delicious Thai noodles wok-fried with our secret garlic pepper stir fry sauce. FRESH THAI SALAD VG | 178kcal 7 25 A vibrant salad crammed with fresh veggies and herbs including jicama, goldenberries, bamboo shoots, Thai shallots, puffed rice and pickled ginger.



### 18.95

20.25

18.50

16.75

4.50

Keep an eye out for our seasonal specials including our Festive Menu and our limited edition cocktails. Use the QR code to sign up to our mailing list for news, offers and more!



If you've loved your meal today and would like to gift someone a Thai feast, we have a selection of gorgeous gift cards and e-vouchers (for that last minute present!). Ask your local Giggling Manager or visit **gigglingsquid.com** 







Please note that we add a tip automatically to your bill. This is payable at your discretion. Please ask a member of staff to remove this if you do not wish to pay. Tips are paid to staff via payroll after taxes are deducted.

ALCM 0424